Dynamics of a sliding ladder leaning against a wall.

J. B. Oliveira ^{a,b}, P. Simeão Carvalho ^{a,b}, M. F. Mota ^b, M. J. Quintas ^a

^a IFIMUP, University of Porto, Rua do Campo Alegre s/n, 4169-007 Porto, Portugal

^b Department of Physics and Astronomy, Faculty of Sciencies, University of Porto, Rua do Campo Alegre s/n, 4169-007 Porto, Portugal

jboliv@fc.up.pt ; psimeao@fc.up.pt ; mgmota@fc.up.pt ; guintas.mariajose@gmail.com

Abstract

This study is about the dynamics of a sliding ladder leaning against a vertical wall. The results are understood by considering the motion divided in two parts: $Part I - \text{ for } 0 \le t \le t_s$ with one degree of freedom; $Part II - \text{ for } t > t_s$ with two degrees of freedom, where the separation is determined by the instance t_s when the ladder loses its contact with the wall.

The observed experimental details are explained by appealing a simple model based on elementary notions of mechanics. We emphasize some features such as a maximum of the *x* component of the velocity and of the acceleration of the center of mass (CM) in Part I, and a minimum of the normal reaction force on the floor in Part II.

Keywords: Rotation and translation of a rigid body, equations of motion in classical mechanics, video analysis and modelling, theoretical models and computer simulations, experimental versus numerical data.

Introduction

The problem of a ladder leaning on a wall has been discussed in numerous introductory physics textbooks and in journals [1-8]. Those authors focus on the static equilibrium conditions of the ladder considering friction against the wall and/or the floor. It is shown that the reactions forces can be determined in a quite complex way, in which the elastic properties of the ladder play an important role. However, the dynamics of a sliding ladder is less studied, and usually on the assumption that it is a rigid body that is not under friction conditions simultaneously in both wall and floor surfaces [7, 8].

Here we present a study, both experimentally and theoretically, of the dynamics of the sliding ladder with friction at the end contacts with the wall and the floor. Video analysis of the ladder's motion was done with *Tracker*, a freeware software [9, 10] that includes the module *Data Tool* for video modelling. Experimental configuration of this

motion assured that the wall and the ground have the same coefficient of friction and that the ladder is, initially, just on the verge of slipping downwards.

Theory

The model we use relies on the assumption that the ladder is a homogeneous beam shaped rigid body of length *L* and mass *m*. The coefficient of friction with the wall and the floor is μ . The angle of the ladder with the floor (θ) was chosen as the variable to describe the movement while the ladder is in contact with the wall (Figure 1). The motion of the ladder is governed by the equations of mechanics for rigid body motion, namely:

$$\vec{R} = m\,\vec{\ddot{r}}\tag{1}$$

$$\vec{M}_{CM} = I_{CM} \, \vec{\ddot{\theta}} \tag{2}$$

where \vec{r} is the acceleration of the center of mass CM=(*x*,*y*), \vec{M}_{CM} is the resultant torque of the external forces about CM, I_{CM} is the moment of inertia about CM assumed as $\frac{1}{12} mL^2$, and $\ddot{\theta}$ is the angular acceleration of the ladder during its intrinsic rotation. \vec{R} is the vector sum of the external forces $\vec{F}_A = (N_A, \mu N_A)$, $\vec{F}_B = (-\mu N_B, N_B)$ and weight $m\vec{g}$, considering $\mu_{wall} = \mu_{floor} = \mu$, and therefore the normal reactions in A and B are respectively N_A and N_B . The ladder is in equilibrium for an angle larger than the critical angle $\theta_c = \tan^{-1} \frac{1-\mu^2}{2\mu}$.



Figure 1: Scheme of the ladder as a homogeneous beam shaped rigid body. N_A and N_B are the normal reactions in A and B, respectively.

While there is contact with the vertical wall ($\dot{y} = x \dot{\theta}$), the equations (1) and (2) can be rewritten as:

$$\ddot{x} = \frac{1}{m} \left(-\mu N_B + N_A \right) \tag{3}$$

$$\ddot{y} = \frac{1}{m} \left(\mu N_A + N_B - mg \right) \tag{4}$$

$$\ddot{\theta} = \frac{6}{mL} \left[\sin \theta \left(\mu N_B + N_A \right) + \cos \theta \left(\mu N_A - N_B \right) \right]$$
(5)

Thus, the following expressions of dynamics are obtained:

$$\ddot{\theta} = -\frac{3}{L} \frac{2\mu g \sin \theta - g \cos \theta + \mu^2 g \cos \theta - \mu L(\dot{\theta})^2}{\mu^2 - 2}$$
(6)

$$N_A = -\frac{m}{2(\mu^2 - 2)} \Big[3g\sin\theta\cos\theta + L\mu\sin\theta(\dot{\theta})^2 - 2L\cos\theta(\dot{\theta})^2 - 2\mu g + 3\mu g(\cos\theta)^2 \Big]$$
(7)

$$N_B = \frac{m}{2(\mu^2 - 2)} \Big[-3\mu g \sin\theta \cos\theta + 2L \sin\theta (\dot{\theta})^2 + L\mu \cos\theta (\dot{\theta})^2 - 4g + 3g(\cos\theta)^2 \Big]$$
(8)

The ladder loses contact with the vertical wall at time t_s , corresponding to $N_A = 0$ at an angle θ_s given by

$$\frac{L}{g}[\mu\sin\theta_s - 2\cos\theta_s]\left(\dot{\theta}(t_s)\right)^2 + 3\mu(\cos\theta_s)^2 + 3\sin\theta_s\cos\theta_s = 2\mu$$
(9)

It is easy to prove that if $\mu > 0$ the ladder achieves the maximal speed of *x* component at the time t_m , before losing contact with the wall ($t_m < t_s$). In case of no friction ($\mu = 0$), that maximum value occurs exactly for $t_m = t_s$ [3] (figure 2).



Figure 2: The difference $\Delta t = t_s - t_m$ as a function of the coefficient of friction (computational results).

After losing contact with the vertical wall ($t > t_s$), the beam's motion has two degrees of freedom (θ and x). As a consequence, equations (1) and (2) result in the following:

$$\ddot{\theta} = \frac{3\left[2\mu g \sin\theta + L \sin\theta \cos\theta (\dot{\theta})^2 - \mu L (\sin\theta)^2 (\dot{\theta})^2 - 2g \cos\theta\right]}{L\left[1 + 3 (\cos\theta)^2 - 3\mu \cos\theta \sin\theta\right]}$$
(10)

$$\ddot{x} = \frac{\mu \left(2g - L\sin\theta \left(\dot{\theta}\right)^2\right)}{2[3\mu\cos\theta\sin\theta - 3(\cos\theta)^2 - 1]}$$
(11)

$$N_A = 0 \tag{12}$$

$$N_B = \frac{1}{2} \frac{m \left(2g - L\sin\theta(\dot{\theta})^2\right)}{1 + 3\left(\cos\theta\right)^2 - 3\mu\cos\theta\sin\theta}$$
(13)

These equations allow us to recognize a discontinuity in \dot{N}_A and \dot{N}_B at $t = t_s$. Therefore, there is also a discontinuity in the third derivatives of the variables that describe the ladder's motion, namely *x*, *y* and θ (i.e., in the derivatives of linear and angular acceleration). This result is represented in computational curves of figures 6 and 7, and will be detailed in the following sections.

Experimental and computational results

An experiment was done using a homogeneous rigid beam representative of a ladder, with a mass 0.23572 kg and length 1.005 m. We have used a camera high-speed digital photography acquisition camera Panasonic FZ 100 LUMIX (220 frames/s) to record the motion of the center of gravity of the beam. The experimental setup is embedded in figure 3 which is a screenshot of Tracker software main window. The coordinates of the CM during the beam's motion (represented by red points) as well as x(t), y(t) and $\dot{x}(t)$ are depicted.

Initially, the beam was placed against the wall at an angle $\theta_o = 0.69 \, rad$, slightly lower than the experimental critical angle (the angle at which the beam starts to fall), and then left free to move.



Figure 3: Experimental set up of a sliding ladder leaning against a wall (screenshot of Tracker software main window). The coordinates of the CM during the motion are represented by red points. x(t), y(t) and $\dot{x}(t)$ are also represented.

Figure 4 shows the time variation of θ for both experimental and computational studies. The least-squares criterion was applied to adjust computational data to experimental one, and to estimate the coefficient of friction. It is evident from the plot that the agreement is fairly good, not only during the motion of the beam against the wall ($t < t_s$, where $t_s = 0.592574$ s is a numerical result, and is identified in figure 4 by a vertical dot line), but also during the interval between losing contact and the full stop (at $t_e = 0.6791960$ s, also obtained with computational analysis). The value obtained for μ from the curve fit was 0.43.



Figure 4: The angle θ of inclination of the ladder as a function of time. Representation of theoretical data (full red line) and experimental data (rhombus blue points). The vertical dot line marks the instant t_s when the beam loses contact with the wall, while t_e is the instant of full stop of the ladder's motion.

The evolution of coordinates x and y of the CM during the motion (Figures 5A and 5B) also confirms the reasonable good performance of the model assumed.

The slight deviations observed from comparison of the experimental data and the computational data are possibly due to the assumption of an ideal beam for the ladder, a constant value for the coefficient of friction, and experimental errors on measuring the coordinates of CM.



Figures 5A and 5B: Theoretical and experimental results of the coordinates of CM as a function of time. The vertical dot line marks the instant t_s when the beam loses contact with the wall, while t_e is the instant of full stop of the ladder's motion.

As we claimed before, according to the model the x component of the speed should attain a maximum at $t_{\rm m}$, before the beam loses contact with the wall. In this case, we have obtained $t_{\rm m} = 0.551314$ s from computational analysis. Experimental and computational data match within experimental uncertainty, as evidenced in figure 6.

We can also disclose a discontinuity in the derivative of the horizontal component of the acceleration at t_s , the instant when the ladder loses contact with the wall. This is related to the discontinuity in the derivative of the net force along x direction, as sustained above from equations (12) and (13).



Figure 6: Representation of the evolution with time of the components of the velocity (experimental and theoretical) and acceleration of the CM along the *x* direction. Note that the left axis corresponds to speed, while the right axis corresponds to acceleration. The vertical dot line marks the instant t_e of full stop of the ladder's motion, while t_e is the instant when the beam loses contact with the wall.

The existence of the maximum of \dot{x} before t_s can be easily understood, since the normal forces N_A and N_B are not constant during the motion (figure 7), which is not always an obvious remark. From equation 3, we conclude the maximum occurs when $\mu N_B = N_A$.



Figure 7: Normal components of the reaction forces at the ends of the ladder (points A and B) as a function of time. These forces point in perpendicular directions, as specified in figure 1. The vertical dot line marks the instant t_s when the beam loses contact with the wall. Note that both $\dot{N_A}$ and $\dot{N_B}$ are discontinuous at t_s .

The plot of the acceleration along x direction (Figure 6) reveals additional features about the beam's motion. Again, the existence of the maximum of \ddot{x} before t_s can be sustained by mathematical analysis, looking for the solution of the equation $\mu N_B = N_A$.

We also note that \vec{F}_B is discontinuous at t_s and exhibits a minimal value within the interval $[t_s, t_e]$. This outcome anticipates a careful and deeper analysis for the dynamics of a ladder after losing contact with the wall, which will be published elsewhere.

The trajectory of the CM is represented in figure 8 both experimentally and theoretically. While there is no doubts about the geometric nature of this Cartesian line for $t < t_s$ (circle line), no easy conclusion can be reached for $t > t_s$ which reinforces the need for further study of the dynamics of the last part of the movement.



Figure 8: The trajectory of CM. The vertical dot line reveals the position of CM at the instant t_s when the ladder loses contact with the wall. After t_s the trajectory of CM is no longer a circular line.

Conclusion

We remark that this work addresses the dynamics of a sliding ladder in a context that, as far as we know, has never been studied previously. We restrict our study to the case where coefficients of friction along the two surfaces are equal, although no significant modifications should result if the coefficients are different or tend to zero.

The fact that the ladder leaves the wall at a specific instant t_s when the normal reaction force on the wall N_A vanishes, before reaching the end of the motion, turns out the importance of considering the falling motion divided in two parts: for $0 \le t \le t_s$ with one degree of freedom, and for $t > t_s$ with two degrees of freedom. This second part of the motion has been ignored so far in literature [2, 7, 11].

The physical interpretation of the dynamics of the ladder is more complex than it is usually admitted in literature [12]. In particular, the normal reaction forces change along the motion, resulting in surprising observations such as, for example, the maximum in the speed (supported by experimental data) along *x* direction, and the discontinuity of the time derivatives N_A and N_B at the instant where the ladder loses contact with the wall. A more general discussion of the problem is in progress and will be published elsewhere.

Finally, we stress that this problem provides an excellent introduction to the modelling process for college students, and teachers in Physics and Mathematics. Students have the opportunity to practice experimental techniques, theoretical modelling and video data acquisition and analysis. Additionally, the problem is a challenge for students to discuss their ideas with their mates and teachers, creating a rich environment for a better understanding of physical science.

Acknowledgements

P. Simeão Carvalho is grateful *to Fundação para a Ciência e a Tecnologia* for funding Project *PTDC/CTM/099415/2008*, and to *Ciência Viva – Agência Nacional para a Cultura Científica e Tecnológica* for funding Project *Escolher Ciência – da Escola à Universidade PEC259*.

References:

[1] Mendelson, K.S., "Statics of a ladder leaning against a rough wall", *American Journal of Physics*. 63(2): 148-150 (1995).

[2] Belloni, M., "A Simple Demonstration for the Static Ladder Problem", *The Physics Teacher*, 46, 503 (2008).

[3] Morin, D., *Introductory Classical Mechanics*, 5th Ed. (Cambridge U.P, 2010 2004), pp. 351.

[4] Salu, Y., "Revisiting the Ladder on a Wall Problem", *The Physics Teacher*, 49, 289 (2011).

[5] González, A.G., Gratton, J., "Reaction forces on a ladder leaning on a rough wall", *American Journal of Physics*, 64, 8 (1996).

[6] Bennett, J., Mauney, A., "The static ladder problem with two sources of friction", *The Physics Teacher*, 49, 567 (2011).

[7] De, S., "Getting clever with the sliding ladder", *Physics Education*, 49(4), 390-393 (2014).

[8] Kapranidis, S., Koo, R., "Variations of the Sliding Ladder Problem", *The College Mathematics Journal*, 39, 374 (2008).

[9] Brown, D., "Video Modeling: Combining Dynamic Model Simulations with Traditional Video Analysis", American Association of Physics Teachers (AAPT) Summer Meeting, Edmonton (2008) (available at http://www.cabrillo.edu/~dbrown/tracker/, retrieved in 21/09/2012).

[10] Brown, D., Cox, A.J., "Innovative Uses of Video Analysis", *The Physics Teacher*, 47, 145-150 (2009).

[11] De, S., "Revisiting the Sliding Ladder", *The Mathematical Gazette*, 97, N.539, 218-223 (2013).

Physics Education, 2015, **50**(3), 329-334. (doi: 10.1088/0031-9120/50/3/329)

[12] Scholten, P., Simoson, A., "The Falling Ladder Paradox", *The College Mathematics Journal*, 27(1), 49-54 (1996).

PACS: 01.40.gb ; 01.50.H-; 02.60.Cb ; 07.05.Pj ; 07.05.Tp ; 45.40.-f