



Minds-On Physics

Indicates a research-demonstrated benefit

Overview

Activity-based curriculum for high school physics. Helps students to explore, hone, and link concepts, and to develop analysis and reasoning skills.

🏠 Type of Method	Full curriculum
: Level	Designed for: High School Can be adapted for: Teacher Prep Course, Teacher Professional Development, Middle School, Intro College Calculus-based, Intro College Algebra-based, Intro College Conceptual
	Designed for: Lecture - Small (<30 students) Can be adapted for: Lecture - Large (30+ students), Recitation/Discussion Session, Lab
Coverage	Few topics with great depth
Topics	Mechanics, Electricity / Magnetism, Waves / Optics, Thermal / Statistical
Instructor Effort	Medium
Resource Needs	Simple lab equipment, Tables for group work
Skills	Designed for: Conceptual understanding ♠, Problem-solving skills ♠, Using multiple representations ♠, Metacognition ♠ Can be adapted for: Lab skills, Making real-world connections, Designing experiments
Research Validation	Based on research into: theories of how students learn , student ideas about specific topics , research on expert-novice thinking Demonstrated to improve: conceptual understanding Studied using: student interviews , classroom observations , analysis of written work , research at multiple institutions , research by multiple groups
Compatible Methods	Peer Instruction, PhET, JiTT, CGPS, Physlets, SCALE-UP, Modeling, OSP, TEFA, Clickers



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